

# SEXUAL IDENTITY

LET'S TAKE A LOOK



# JUST A SIMPLE ASSUMPTION TO BEGIN

WE ARE CONSTANTLY TAUGHT IN OUR LIFE THAT:

1. WE ARE MEN OR WOMEN
2. MEN HAVE PENIS AND WOMEN HAVE VAGINA
3. MEN LOVE WOMEN AND WOMEN LOVE MEN

AND THIS IS HOW IT *SHOULD BE* IN THIS MAJORITY  
REPRESENTATION WE LIVE IN.



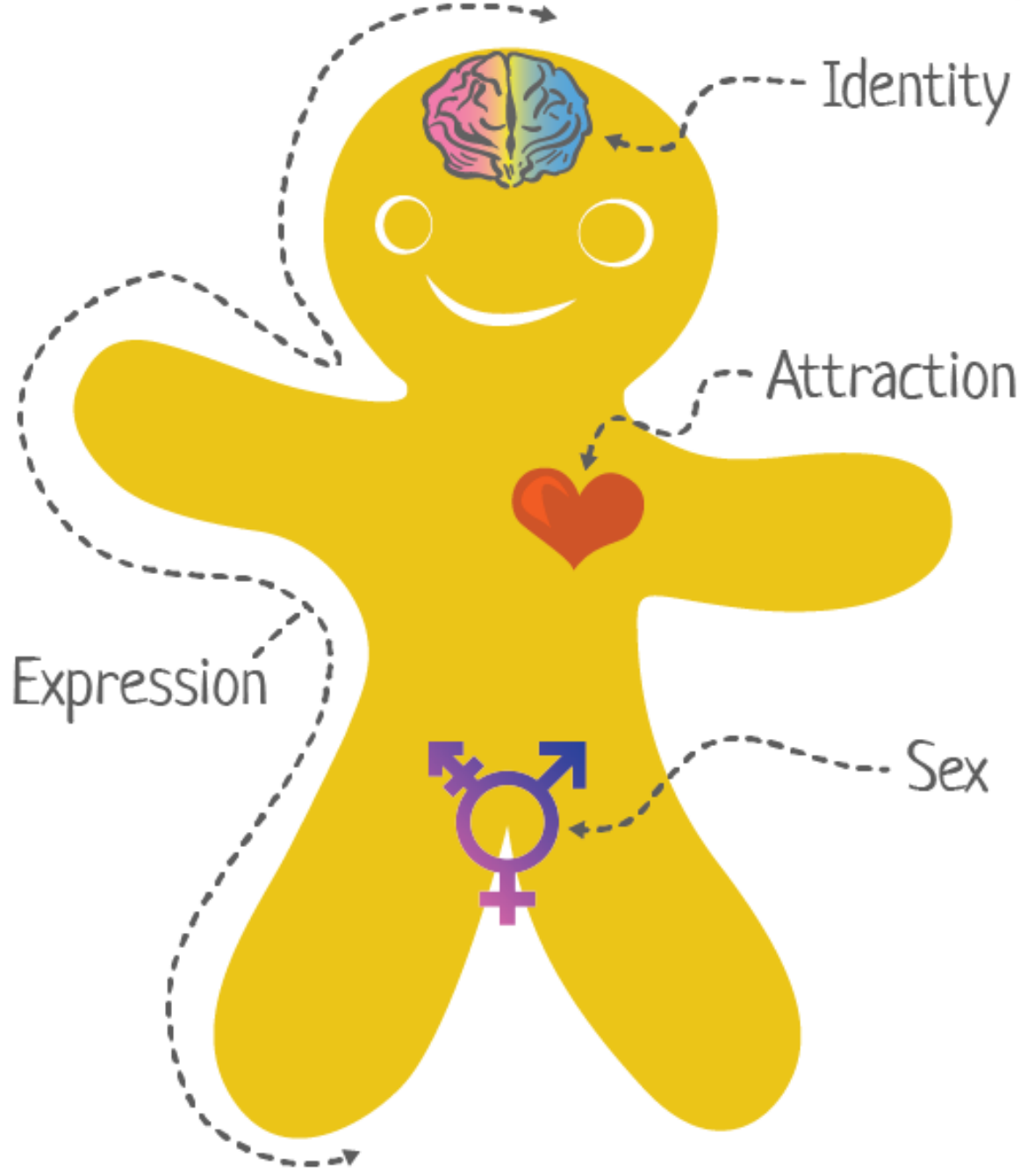


# IS IT ACTUALLY ALWAYS LIKE THIS?


LUCKILY THE HUMAN RACE IS MORE INTERESTING THAN THIS.

WE ALL HAVE AND *ARE* OUR PERSONAL STORY AND THE FACT THAT SOME OF US DON'T FIT IN THAT MAJORITY DOES NOT MAKE ANYONE OR ANY STORY LESS VALID.


# The Genderbread Person v4



⊘ means a lack of what's on the right side

 **Gender Identity**  
⊘ → Woman-ness  
⊘ → Man-ness

 **Gender Expression**  
⊘ → Femininity  
⊘ → Masculinity

 **Anatomical Sex**  
⊘ → Female-ness  
⊘ → Male-ness

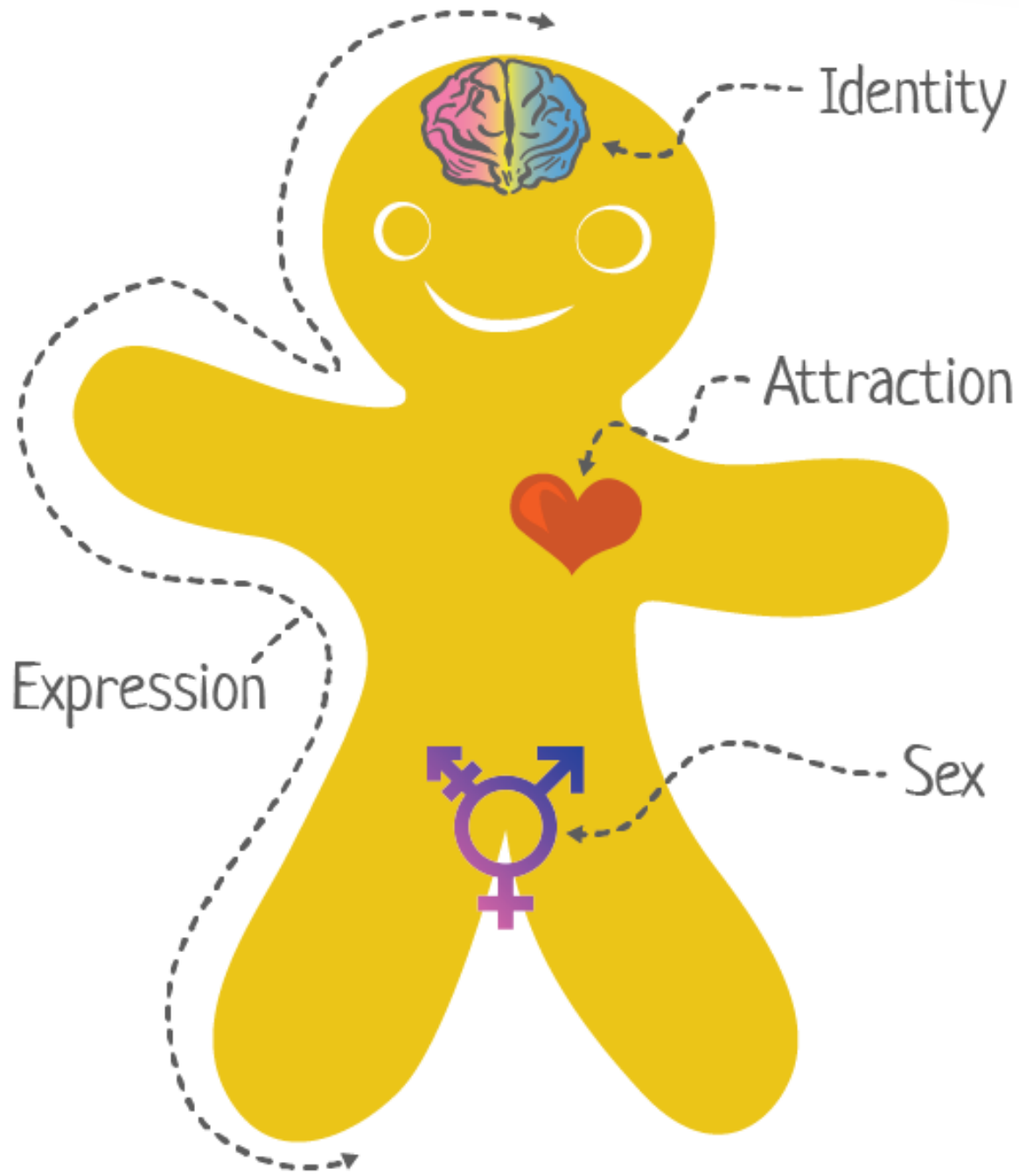
# IDENTITY COMPONENTS

## SEX

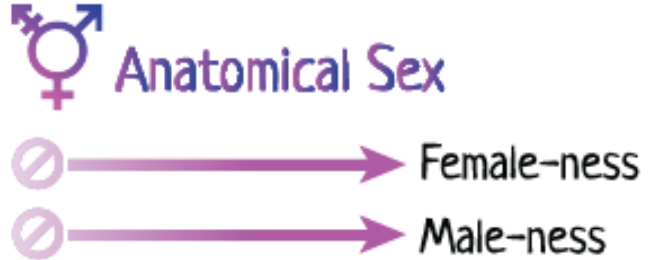
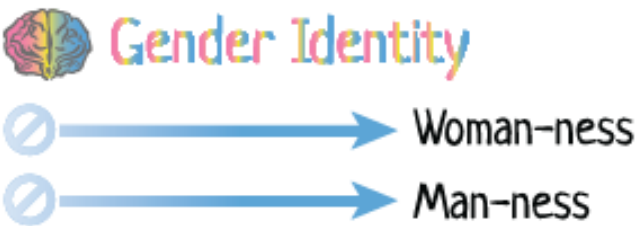
THIS IS THE SET OF CHARACTERISTICS (GENITALIA, HORMONES, CHROMOSOMES) WE'RE BORN WITH OR DEVELOPED GROWING UP.

IT'S NOT JUST FEMALE/MALE!  
INTERSEX PEOPLE ARE UP TO 2% OF WORLD POPULATION!

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## GENDER IDENTITY

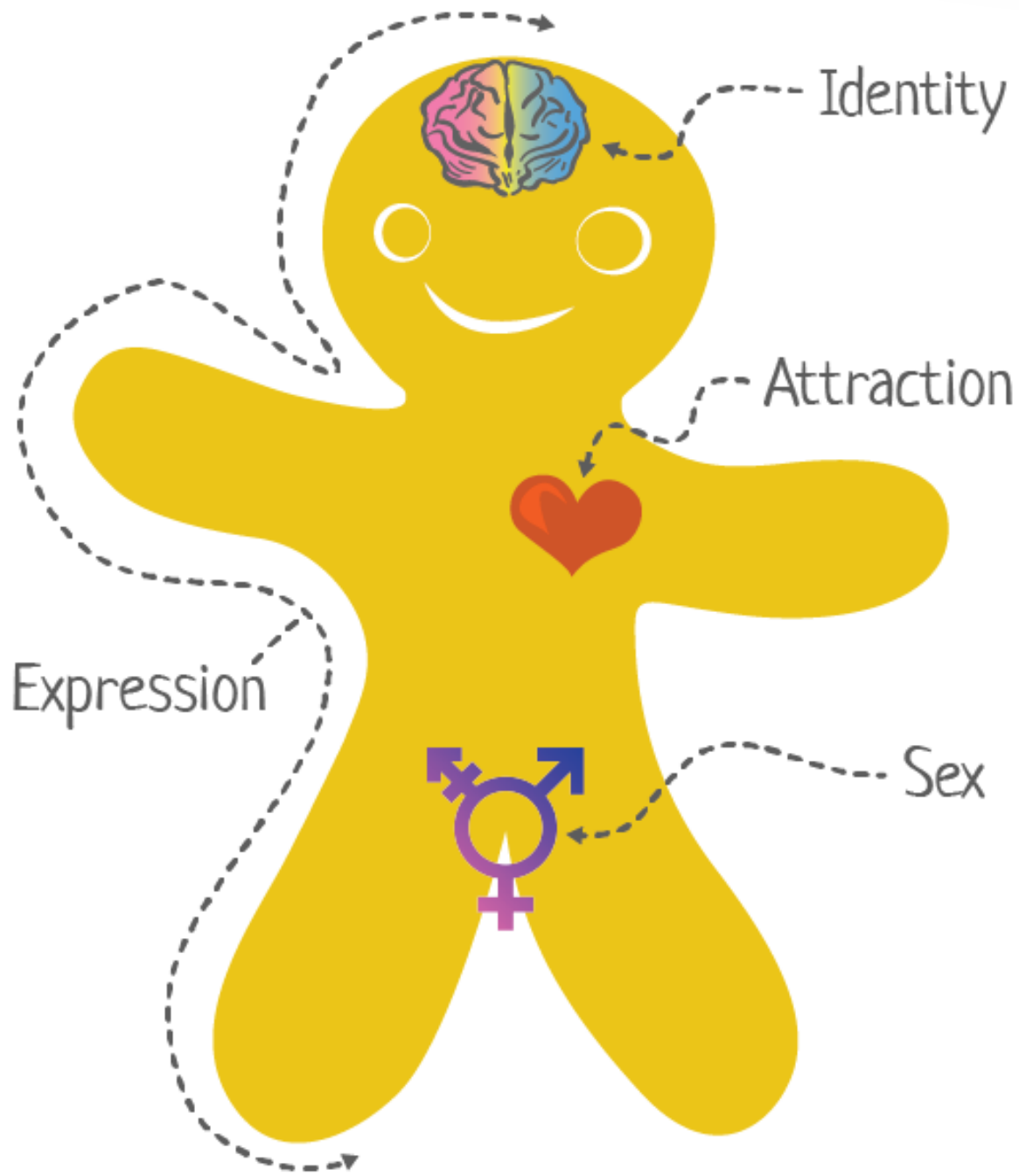
THIS IS THE ANSWER TO THE QUESTION "WHICH GENDER I FEEL I BELONG TO?" OR "HOW DO I IDENTIFY MYSELF IN A GENDER SPECTRUM?"

IF MY SEX IS MALE AND I IDENTIFY AS A MAN OR MY SEX IS FEMALE AND I IDENTIFY AS A WOMAN I AM *CISGENDER*.

OTHERWISE I CAN CALL MYSELF A *TRANSGENDER* PERSON.

HERE AGAIN, IT'S NOT JUST ABOUT MEN AND WOMEN, I CAN BE NON BINARY, GENDERLESS, GENDERFLUID...

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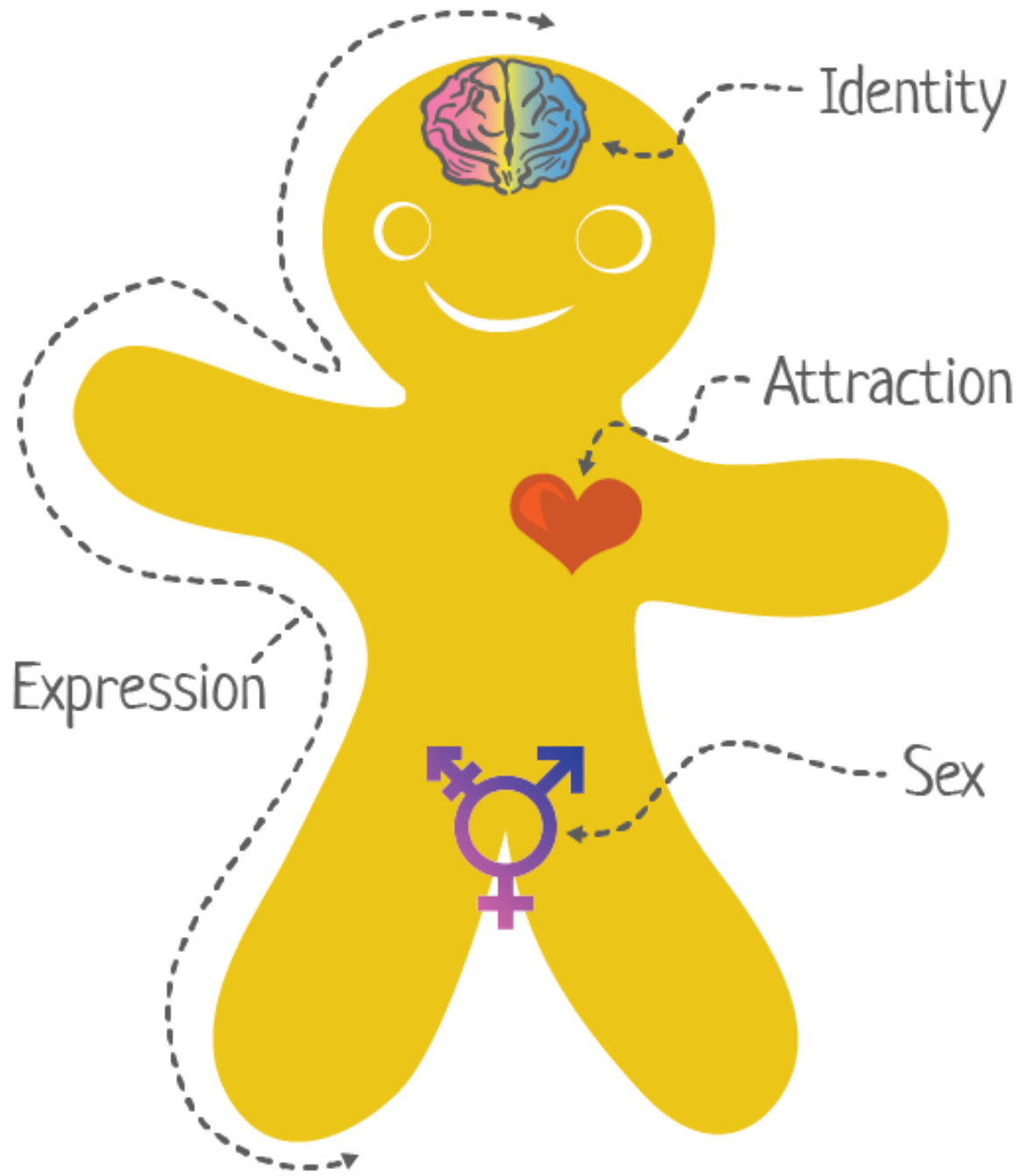
## GENDER EXPRESSION

OUR SOCIETIES ASSUME AND MAKE US INTERNALIZE THAT BEHAVIORS OR CLOTHES CAN BE FEMININE OR MASCULINE.

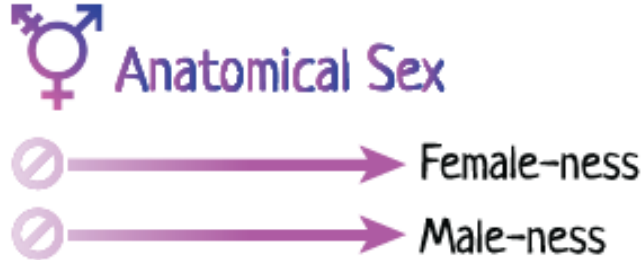
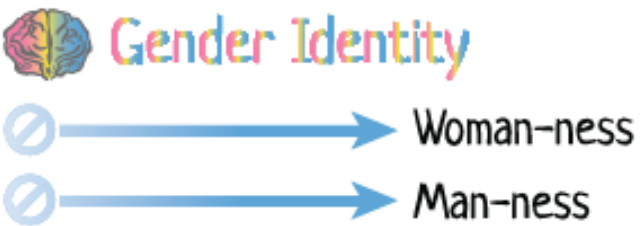
THIS IS OF COURSE BASED ON STEREOTYPICAL GENDER ROLES.

SO, WHILE WAITING AND FIGHTING FOR A REAL DECONSTRUCTION OF THIS CONCEPT, WHAT WE CAN SAY IS THAT GENDER EXPRESSION IS NOT ALWAYS RELATED TO GENDER IDENTITY.

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## ATTRACTION

ALSO KNOWN AS "SEXUAL/ROMANTIC ORIENTATION".

HERE THE QUESTION IS "WHO AM I ATTRACTED TO?" IN A SEXUAL/ROMANTIC WAY.

PROBABLY THE RIGHT ANSWER WOULD BE SIMPLY "THIS PERSON/THESE PEOPLE" BUT, BECAUSE OF THE MINORITY STRESS MADE BY DISCRIMINATION AND DAILY CANCELLATION, SOME PEOPLE NEED TO DEFINE THEMSELVES ALSO BY NAMING THIS.

EXAMPLES OF ORIENTATIONS?

# UNDERSTANDING THE TOPIC DEEPER

## SOME INPUTS

● ARE THESE COMPONENTS STRICTLY RELATED TO EACH OTHER?

NO, THEY CAN BE COMBINED IN SO MANY DIFFERENT WAYS.

● GENDER IDENTITY, GENDER EXPRESSION AND ATTRACTION ARE OFTEN FLUID, THEY CAN CHANGE AND PEOPLE CAN BE QUESTIONING ABOUT THAT FOR ALL THEIR LIFE.

● CAN WE DEFINE SOMEONE ELSE'S SEXUAL IDENTITY?

NO, WE CAN TRY TO DO IT JUST WITH OURS.

● TRANSGENDER PEOPLE ARE NOT DEFINED BY THEIR CHOICE TO GET TO A MEDICAL TREATMENT.





**QUESTION TIME**  
**THANKS FOR LISTENING!**